

Corona Community Newsletter



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Animals

We have chosen to dedicate this edition of the Corona House Newsletter to animals. We have been to Wood Green shelter to look at animals, we have written poetry about animals and we have devised a fun quiz all about animals



At Corona House in Cambridge we provide accommodation and support for women aged 18-64 who are homeless or at risk of becoming homeless.

Horse Riding



I go horse riding every week at Hall Farm in Waterbeach. They are a brilliant horse riding stables. The pictures are of Dylan (below) who is very patient and Pocohontas (far right), who is my favourite, with her friend Whitney.

<http://www.hallfarmstables.co.uk/>



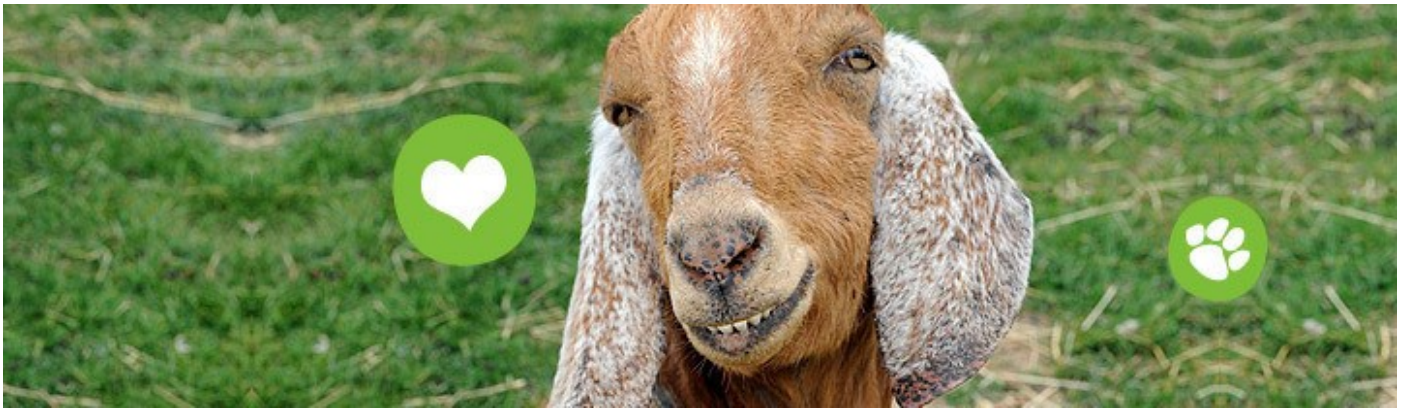


An afternoon with Wood Green Animal Shelter

Wood Green Animal Shelter was busy with various events and opportunities to rehome, plus leaflets providing information on caring for your pet.

All these help their animals feel better and with fundraising and donations they really seem to achieve this.

A veterinary service is also to hand on the premises. We met some beautiful cats who enjoyed all of our attentions as they chose to come nearer. I also met some dogs being walked and checked out their garden and play area, which included: ropes, tyres and other forms of entertainment for them.



There were many other animals to be seen there including: sheep, goats, chickens, guinea pigs, rabbits, mice and rats. All of the animals are lovely to me! There were also some ducks with their little ducklings which were the height of beauty!

**WOOD
GREEN**
The Animals Charity



Pet Stories

Imagining taking a pet home from Wood Green Animal Shelter.

If I could choose a pet, it would be the rooster because I loved his fluffy feet and I thought they gave him character. I adored his soft feathers. A rooster is lovely soft and shiny.

To stroke him would help to de-stress me and get rid of my anxieties and I think it would help him too.

I would like to have a special blue rooster castle in my garden with all kinds of luxurious blue furniture, a beautiful blue bathroom and a blue bedroom with a blue bed for the rooster to be safe in.

I would name him Henry.



The animal I would like to take home from the animal shelter would be the raggedy old mog with one blind eye. She peeped out from behind a blanket and talked and sang or miaowed incessantly. I thought she was asking me to take her home.

I didn't feel sure about how wild she would be. She sounded a bit annoyed and as if she might scratch or bite, but I would tame her gently with stroking, tasty treats and a safe home.

I would call her Melody, because she is a singer.



I wouldn't normally match a cat with a rooster, but sometimes animals have special relationships. I think they would get on really well.

Poetry

Poems written for National Poetry Writing Month (NAPOWRIMO)

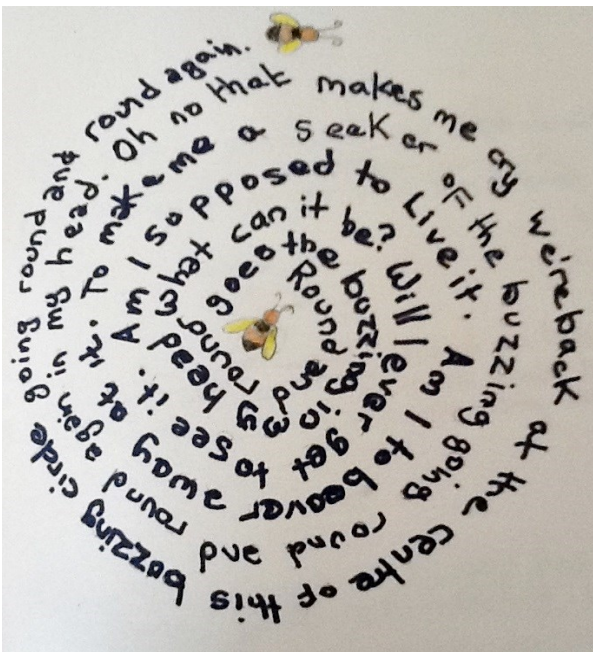
1

There's no one word to say
That I'm just not ok
Just lines and rhymes
For this pain
That won't fade.

2

Strange
How the sadness in my soul
Reaches and claws
With a silence so sharp
That I'm lost
Like a lemon
Pain hidden by pith
Looking vibrant
Looking out
While the pit of me punctures
And shivers in doubt.
Crumbling clocks
And counting locks
I decorate my truth
So they tamper in the trinkets
And never get through
To those dead nights
Stalking stations
Sofas in bars
To the last rites
My emotions
Bore into scars.

Round and Round



Ice-cream hamster

Albino ball of fluff,
Hiding in the ceramic bowl,
With your glowing, one red eye,
And your gnawing attention tactic,
I wonder if you know me,
Know me by my name,
Or even by my hair,
Or just as a giant,
Who you can scuttle over,
Every night.
In your ceramic bowl,
You look like ice-cream
But I won't eat you.

Standing Tall

I am standing tall
I am waiting, I am here
I am not walking along this road
I am not surviving
I am thriving
As a woman that's what I have to do
And I do actually have a clue
What I'm supposed to do.



King Henry

Shiny soft rooster
With fluffy feet
Luxurious
Blue and Brown
Special King Henry
Caring and nurturing
Clucking, Crowing, Speaking
Feathers flapping
Plucking and picking at the ground

Animal Quiz

1. What colour is a canary?
2. Name two water birds.
3. What is the name of Nemo's species of fish?
4. Name the mermaid from the Disney film.
5. Count the spots on this little frog.



6. What colour is Garfield the cat?
7. Who is Stuart Little?
8. What is the most popular pet in the UK?
9. Name 3 fish that you can eat.
10. How many arms does a starfish have?
11. Which animal can run faster, an ostrich or a horse?
12. Find the big cat in this photo



13. What causes the rattle on a rattle?
14. How many reindeer does Santa have?
15. What is the only animal that can't jump?

Things we are excited about...

At Corona House:

Most Mondays we have Open Studio/Art and craft sessions or creative writing. We are making drawing, knitting, making quilts and whatever else takes your fancy.

Every Tuesday we have our usual lunches and workshops, including jewellery making, assertiveness and bingo or some exciting trips. We are planning to visit Kettle's Yard, the Botanic Gardens, the cinema, go to the seaside and more!

Most Wednesdays we have a coffee club at either CB2 or the Edge Café, to plan our programme and the next newsletter. Please come along if you want to be part of the steering group, deciding what we do with Corona House Community.

Every Friday we have an advice hub and enjoy coffee, chatting and playing cards.



Caroline's Corner:

It's been a busy few months at the Corona House. We have had some lovely trips out including a visit to Wood Green animal shelter. We have also been doing lots of exciting activities at the project such as assertiveness workshops, and a gardening project to fill the pots with flowers for the summer. We are currently finalising an art project that Jill, some Corona Community members and residents have been working on in readiness to display at the Strawberry fair. So do go along to the Art field and see if you can spot the Corona House Sculpture!

We are happy to be welcoming two new residents to the project in the last couple of months. However sad to be saying Goodbye to Paula who is going on to pastures new. Although as with everyone she won't get away that easy and has agreed to stay on to help out as casual relief staff when she can! So only half a goodbye :-)

Get in touch: Corona.House@chsgroup.org.uk